

## ACTIVE &amp; HEALTHY 4 LIFE 2016-17 – JANUARY 2017 REPORT

SPORTS CENTRE	Number of Patients Referred To each Sports Centre		Number of Patients Completing the 12 week exercise programme	
	April 2015 to Dec 2015	April 2016 to Dec 2016	April 2015 to Dec 2015	April 2016 to Dec 2016
Cambourne	9 – Manual figure	16	0	3
Comberton	16	12	0	6
Cottenham	7	10	3	13
Gamlingay	4	36	1	20
Impington	15	37	2	12
Melbourn	18	24	3	11
Sawston	36	40	6	19
Swavesey	9	15	0	1
Girton – closed April 2016	8	N/A	0	N/A
		5 – no centre recorded	2 – no centre record	5 – no centre recorded
<b>TOTAL</b> (Year to date)	<b>122</b>	<b>195</b> (60% increase)	<b>17</b>	<b>90</b> (429% increase)
<b>FULL YEAR</b> (April-March)	<b>202</b> (2015/16)	Figure available from April 2017	<b>35</b> (2015/16)	Figure available from April 2017

**Key**

**Number of patients referred to each sports centre** – these are the patients who started the A&H4L scheme during April 2016 to December 2016.

**Number of patients completing the 12 week exercise programme** – these patients will have either started on the programme in the previous financial year (April 2015 to March 2016) or the current financial year (April 2016 to December 2016) and have completed the course between April 2016 to December 2016.